



Transit System Map Bus Schedules Rider Guide

FREE public transportation in
Concord, New Hampshire, and
surrounding communities.

Where will you go today?

Effective March 2026



603-225-1989
concordareatransit.com

Accessibility

All CAT buses are wheelchair accessible via lifts or ramps.
Once on board, the transit driver will secure your wheelchair or scooter.



Bikes on the Bus

All CAT buses are equipped with bike racks.
Ride your bike to the bus stop and then take it along for easy access to your destination.
Please call for our fat-tire bike and E-bike policy.



Rules of the Road

Please treat your driver and fellow passengers with respect and courtesy.

CAT does not tolerate aggressive or harassing behavior. If you violate this rule, you will be asked to leave the bus and may be suspended from future transit use.

For everyone's comfort and safety, please:

- No food or drink on the bus.
- No smoking on the bus.
- Use headphones when listening to audio.
- Mobility devices (wheelchairs and scooters) are required to be secured by the driver.

For CAT's complete Customer Code of Conduct, please visit concordareatransit.com.

Title VI

CAPBM Transportation Services operates its programs and services without regard to race, color, and national origin in accordance with Title VI of the Civil Rights Act. Any person who believes she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with the CAPBM Transportation Services. For more information on the CAPBM Transportation Services' civil rights program, the procedures to file a complaint, or to file a complaint, please contact Cindy Yanski at 603-225-1989 ext. 1210, (TTY 800-735-2964); email cyanski@capbm.org; or visit our administrative office at 2 Industrial Park Dr., Concord, NH 03301. For more information, visit www.concordareatransit.com. For transportation-related Title VI matters, a complaint may also be filed directly with the New Hampshire Department of Transportation, Attn: Shannon Aiton, Title VI Coordinator, PO Box 483, 7 Hazen Drive Concord, NH 03302-0483; 603-271-2467; TTY: 800-735-2964; titlevi@dot.nh.gov. Federal Transit Administration, Office of Civil Rights, Attention: Complaint Team, East Building, 5th Floor-TCR, 1200 New Jersey Ave., SE Washington, DC, 20590. If information is needed in another language, contact Cindy Yanski at 603-225-1989 ext. 1210, (TTY 800-735-2964); email cyanski@capbm.org.



This publication was developed with funds provided by the National Aging and Disability Transportation Center (NADTC). The NADTC is administered by Easterseals in partnership with the National Association of Area Agencies on Aging, with funding from the U.S. Department of Transportation, Federal Transit Administration and with guidance from the U.S. Administration for Community Living.

Where will you go today?

Concord Area Transit provides
FREE public transportation for
Concord, New Hampshire, and
surrounding communities.

Whether you're going to work,
school, shopping or just out for
fun, use this guide to learn
where the bus can take you.

How to Use this Guide

Find your starting point and destination on the map to determine what route will meet your needs.

The numbered circles (2) indicate locations with departure times shown on the schedule. Your bus stop may be between these schedule points, so use the schedule times to estimate the departure time from your stop.

Read the departure/arrival times from left to right across the schedule. Note that the routes operate as continuous loops, so at the end of each trip shown on the schedule, the bus continues as the next trip on the schedule.

Transfers from one route to another may be made at the downtown transfer point (State House and Eagle Square stops).

How to Ride CAT

Plan Your Trip

- Use the map and schedules on the reverse side to find your route, bus stop and pickup time. Call CAT at 603-225-1989 for help planning your trip.
- Or use Google Maps on your phone or computer to plan your trip. Enter your origin and destination and select the transit icon for detailed CAT route and schedule information.

Catch Your Bus

CAT buses pick up and drop off only at signed bus stops. All bus stop locations are shown on the map.

Times shown on the schedule are departure times. Please arrive at your stop five minutes early. As the bus approaches, you'll see the route name in the electronic sign above the driver.

Please wave to the driver to let them know you'd like to board.

CAT is Fare-Free

All CAT services — buses and dial-a-ride — are fare-free thanks to donors to the Community Action Program Belknap-Merrimack Counties. So just come aboard and have a seat.

Signal Your Stop

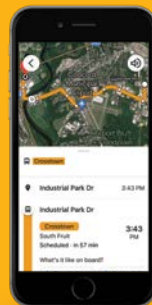
Let the driver know you want to get off about a block before your stop. Pull the cord, press the button or just tell the driver your stop is coming up.



Plan your trip with Google Maps.

Just put in your start point and destination, then click on the transit icon to get detailed CAT route and schedule information.

Learn more at
concordareatransit.com



Service Alerts

Stay up to date with Service Alerts at concordareatransit.com/service-alerts and on our Facebook page at @CAPBMTransit

Travel Training

If you'd like to learn more about using CAT and MST services, we offer travel training programs. Call our Travel Trainer at 603-225-1989 to learn more.

Ridesharing

NH Rideshare provides Rideshare information and matching. Visit www.commutesmartnh.org to get started.

Need help?

Call the Mobility Manager with your transportation questions at 603-225-1989. The Mobility Manager is knowledgeable about many transportation options in the region.

Concord Area Transit
PO Box 1016,
Concord, NH 03302-1016

603-225-1989 concordareatransit.com

A service of



Transportation for Seniors and Persons with Disabilities



Origin-to-destination transportation is provided to persons with disabilities and seniors in the greater Concord area, as well as communities throughout Belknap and Merrimack Counties. Service is by advance reservation and vehicles are wheelchair accessible.

For more information about eligibility, call the CAT office at 603-225-1989 (TTY Relay 7-1-1) or for TTY 1-800-735-2964.

CAT ADA Paratransit 603-225-1989

Reservations at least 24 hours in advance

- For persons with disabilities who are unable to use fixed-route bus service and are eligible under the Americans with Disabilities Act (ADA) guidelines.
- Serves locations within ¾ mile of a CAT bus route; same hours as CAT fixed-route services.

CAT Senior Bus 603-225-1989

Reservations 7 days in advance up to 2:30pm the day before

- For seniors (60+) in the Greater Concord Area.
- Operates 8:00 am to 3:00 pm
 - **Mon, Wed and Fri:** Serves Concord. Also offers afternoon trips in Concord on Tue and Thu if space is available. Call to inquire.
 - **Tue:** Serves area north of Concord including Penacook, Boscawen and parts of Canterbury and Salisbury.
 - **Thu:** Serves area south of Concord including Pembroke and Allenstown.

Mid-State Transit 603-225-1989

Reservations 7 days in advance up to 2:30pm the day before

- For seniors (60+) and persons with disabilities outside of the Concord area.
- Monday through Friday, 8:30 am to 3:00 pm. Serves different towns on different days – call to learn about service in your area.
- Service is available in Belknap and Merrimack Counties, including the communities of:
 - Alton
 - Andover
 - Barnstead
 - Belmont
 - Bradford
 - Center Harbor
 - Chichester
 - Contoocook
 - Danbury
 - Epsom
 - Franklin
 - Gilford
 - Gilmanston
 - Henniker
 - Hill
 - Hopkinton
 - Laconia
 - Loudon
 - Meredith
 - New Hampton
 - New London
 - Newbury
 - Northfield
 - Pittsfield
 - Sutton
 - Tilton
 - Warner
 - Webster
 - Wilmot



Penacook Route

Monday - Friday

Southbound to downtown

Northbound from downtown

	Penacook Park 5	Briar Pipe Apartments 6	Fisherville Rd & Cremin St 4	NH Correctional Facility 3	State House 1	Concord Hospital 2	Eagle Square 1	NH Correctional Facility 3	Fisherville Rd & Cremin St 4	Penacook Park 5	Briar Pipe Apartments 6
AM					6:20	6:27	6:40	6:47	6:53	#	6:59
	#	6:59	7:03	7:09	7:16	7:26	7:41	7:48	7:54	#	8:00
	#	8:00	8:04	8:10	8:17	8:27	8:42	8:49	8:55	9:01	9:03
9:01	#	9:03	9:05	9:11	9:18-9:38*	9:48	10:03	10:10	10:16	#	10:22
	#	10:22	10:26	10:32	10:39	10:49	11:04	11:12	11:18	#	11:24
	#	11:24	11:28	11:34	11:44	11:54	12:09	12:17	12:23	12:29	12:31
PM	12:29	12:31	12:33	12:39	12:49	12:59	1:14	1:22	1:28	#	1:34
	#	1:34	1:38	1:44	1:54	2:04	2:19	2:27	2:33	#	2:39
	#	2:39	2:43	2:49	2:59-3:15*	3:25	3:40	3:48	3:54	4:00	4:02
4:00	#	4:02	4:04	4:10	4:20	4:30	4:45	4:53	4:58	#	5:04
	#	5:04	5:08	5:14	5:24	5:34	5:44	5:52	5:58	#	6:06
	#	6:06	6:10	6:16	6:26						

* bus arrives at first time shown; departs at second time shown.
these stops on request only. To be dropped off, ask driver. To be picked up, call 603-225-1989.

Crosstown Route

Monday - Friday

Westbound to downtown

Eastbound from downtown

	Industrial Park Dr 11	Airport Rd & Quincy St 12	Everett Arena 13	Market Basket Fort Eddy Rd 10	NHTI 9	Commercial St at Horseshoe Pond 8	State House 1	Clinton St District Court 6	South Fruit St 7	Eagle Square 1	Commercial St at Horseshoe Pond 8	NHTI 9	Market Basket Fort Eddy Rd 10	Industrial Park Dr 11
AM	5:50	5:55	5:58	6:01	6:05	6:08	6:15	6:20	6:24	6:31	6:37	6:40	6:44	6:51
	6:51	6:56	6:59	7:02	7:06	7:09	7:15	7:20	7:24	7:31	7:37	7:40	7:44	7:51
	7:51	7:56	7:59	8:02	8:06	8:09	8:15	8:20	8:24	8:31	8:37	8:40	8:44	8:51
	8:51	8:56	8:59	9:02	9:06	9:09	9:15-9:35*	9:40	9:44	9:51	9:57	10:00	10:04	10:11
	10:11	10:16	10:19	10:22	10:26	10:29	10:35	10:41	10:45	10:52	10:58	11:01	11:05	11:12
	11:12	11:17	11:20	11:23	11:27	11:30	11:36	11:42	11:46	11:53-11:55*	12:01	12:04	12:08	12:15
PM	12:15	12:20	12:23	12:26	12:30	12:33	12:39	12:45	12:49	12:56	1:02	1:05	1:09	1:16
	1:16	1:21	1:24	1:27	1:31	1:34	1:40	1:46	1:50	1:57	2:03	2:06	2:10	2:17
	2:19	2:24	2:27	2:30	2:34	2:37	2:43-3:03*	3:09	3:13	3:20	3:26	3:29	3:33	3:40
	3:43	3:48	3:51	3:54	3:58	4:01	4:07	4:13	4:17	4:24	4:30	4:33	4:37	4:44
	4:44	4:49	4:52	4:55	4:59	5:02	5:08	5:15	5:19	5:26	5:32	5:35	5:39	5:46
	5:46	5:53	5:56	5:59	6:03	6:06	6:12	6:19	6:23	6:30				

* bus arrives at first time shown; departs at second time shown.

Heights Route

Monday - Friday

Westbound to downtown

Eastbound from downtown

	Walmart 20	Havenwood Heritage Heights 18	Everett Arena 17	Concord Bus Terminal 15	State House 1	S Main St & Thorndike St 14	Eagle Square 1	Post Office 16	Havenwood Heritage Heights 18	Walmart 19
AM	5:50	5:58	6:01	6:04	6:06	6:10	6:24	6:29	6:37	6:51
	6:51	6:59	7:04	7:07	7:09	7:13	7:27	7:32	7:40	7:54
	7:54	8:01	8:06	8:09	8:11	8:15	8:29-8:49*	8:54	9:02	9:16
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	10:18	10:25	10:30	10:33	10:35	10:39	10:53	10:58	11:06	11:20
	11:20	11:28	11:33	11:36	11:38	11:42	11:56	12:01	12:09	12:23
PM	12:23	12:31	12:36	12:39	12:41	12:45	12:59	1:04	1:12	1:26
	1:26	1:34	1:39	1:42	1:44	1:48	2:02	2:07	2:15	2:29
	2:29	2:37	2:42	2:45	2:47-3:09*	3:13	3:27	3:32	3:40	3:54
	3:54	4:02	4:07	4:10	4:17	4:21	4:35	4:40	4:48	5:02
	5:02	5:10	5:15	5:18	5:25	5:29	5:45	5:50	5:58	6:12
	6:12	6:20	6:25	6:28	6:30	6:34				

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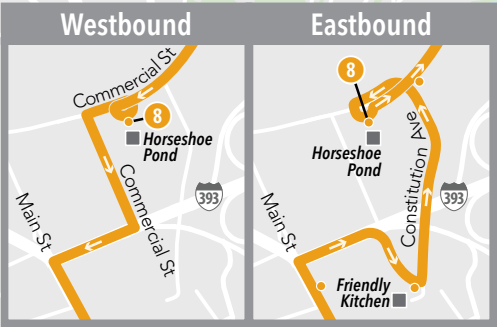
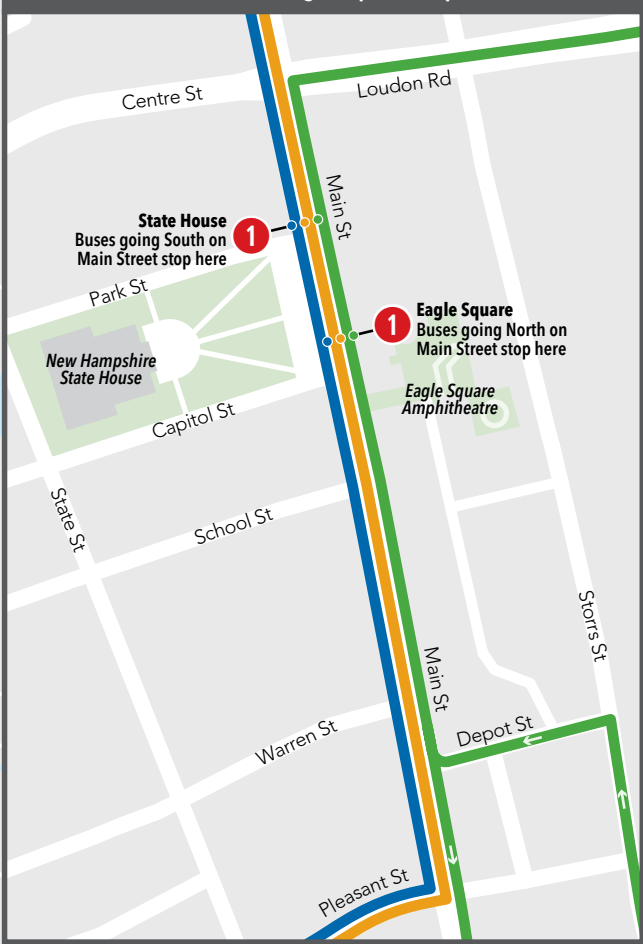
All routes operate as continuous loops
On all routes, each trip continues as the next trip on the schedule.

Schedules, routes, fares and policies subject to change. See concordareatransit.com for updates.

Map for reference only. Information is believed to be accurate but accuracy is not guaranteed.

Downtown Concord

Transfer between Crosstown, Heights, and Penacook routes at State House and Eagle Square stops.



Service Days and Holidays

CAT operates Monday thru Friday. There is no CAT service on the following holidays:

- New Year's Day
- Presidents' Day
- Independence Day
- Veterans Day
- Christmas Day
- MLK Day
- Memorial Day
- Labor Day
- Thanksgiving Day

Heights Route

Crosstown Route

Service to DHHS available on request. To be dropped off at DHHS, ask driver. To be picked up at DHHS, call CAT at 603-225-1989.



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